

Revised -
3/1/2020

YASC NA H&I ORIENTATION

Welcome to the YASC Hospitals & Institutions subcommittee of NA. Many of us in NA first heard the message of recovery while we were in a hospital, treatment center or incarcerated. Many of us may never have been institutionalized yet. Carrying the message of Narcotics Anonymous with an H&I subcommittee panel is a great way to give back what has so freely been given to us.

Chairing an H&I meeting is very different from a regular NA meeting. Also being a panel member or speaker at these facilities is also very different than speaking or sharing at a regular NA meeting.

This packet has been designed to familiarize you with the H&I Subcommittee policies and help guide you in carrying a clear message to the addicts in jails, juvenile halls, the domiciliary, treatment centers, detox centers & hospitals we may serve.

Clean Time Requirements:

6 months to speak @ H&I panel meeting

9 months to chair an H&I panel meeting

1 year @ Juvenile Detention Center

^{orientation} H&I Guidelines

1. Ensure that you have your own personal guidelines for this H&I commitment. Follow all YASC NA H&I Subcommittee guidelines for clean time on all service positions including panel leaders, panel members & speakers.

2. Watch your language - profanity & cuss words should be non-existent or minimally at best.

3. Speak NA language only- do not reference the other fellowships or religious organizations.

4. Reference NA literature only- not other fellowship or religious literature.

5. Share your experience, strength and hope - avoid "war stories" or "drug-a-logs".

Everyone in that room already knows how to use, they don't know how to stay clean. Share a bit about what brought you here, where you are now & how you got there example: what step, tradition you are working, do you have a sponsor, sponsee, do you go to meetings, do you have a HIGHER POWER, do you read the literature, do you have a home group, are you of service to the fellowship including your H&I service.

6. Dress appropriately, you are representing ALL of NA to the facility by your participation with this commitment. No sandals for juvenile detention center, no t-shirts with suggestive or drug/alcohol advertisement, no short shirts, short skirts or shorts and revealing clothing in any manner to any facility. If in doubt ask another H&I panel member. Do not wear flashy expensive jewelry, or talk about how financially well off you are. There is a separate specific policy for dress code at Juvenile Detention Center.

7. Do not preach or talk down to the attendees.

8. We identify as ADDICTS - we are not "Drug addicts", "junkies", "addicts & alcoholic", "dope fiends", "dually addicted". We are addicts in recovery.

Our time in the program is "CLEAN TIME" or "RECOVERY," - we are not "Clean & Sober" or celebrating "Sobriety". If you are confused about this, please speak with the H&I chair, another panel member or your sponsor. The clarity of the NA program is blurred when we are not committed to using NA language.

9. We start & end the meeting on time - show up early in order to comply.

10. There are meeting formats to ensure the compliance with established guidelines.

11. Follow all facility rules - when at the juvenile detention center always ask the detention officer's (D.O) permission to hold hands at end of meeting. Usually the D.O. will position themselves to not allow female & male juveniles to contact each other physically - follow the D.O. lead with your physical position. There is a locked door in the visitation room of the juvenile center where we

- frequently hold our meetings. Ask the D.O. at the start of the meeting to open the door for the white booklets, basic test, just for today & meeting formats so you have everything you need for the meeting.
12. Always treat everyone at the facility with respect as our actions will reflect all of NA.
 13. Never engage in any conversation with the attendees on the subject of facility rules, policies, politics or injustices. Remember we are invited guests.
 14. Do not become involved in anyway with any of the members of the audience - do not attempt to bring them anything or take anything from them, do not attempt to make calls or mail things for them.
 15. If you know someone who is an inmate at the juvenile detention center you will need to notify the subcommittee chair ahead of time and excuse yourself from that panel. If you enter the juvenile detention center & see an inmate you know you must notify the D.O. that you know this person & excuse yourself from that panel.
 16. If you work at a facility that H&I brings a panel to, you can not be a part of that panel as chairperson or speaker.
 17. We as a subcommittee have voted to not put the Identity Statement in our H&I meeting formats - remember some of the attendees may not yet know which fellowship they identify with, ensure that they are all welcomed regardless of their language.
 18. Never bring anyone into an H&I panel meeting with you, who is not on this H&I subcommittee.
 19. Do not share your personal information (full name, phone number) with all attendees.
 20. Encourage meeting attendance, let them know how they can find us when they are released. Encourage 90 in 90, getting to a meeting on their release, sponsorship, working the steps, getting a home group, reading literature & learning how to live clean.
 21. If you are unable to make an H&I panel commitment contact the H&I chair as soon as possible. We are responsible for trying to find our own replacement for a commitment. All H&I panels must contain at least two participants. If this minimum requirement can not be met contact the H&I chair as well as the facility contact to inform them we can not complete our commitment.